



Government of India
Ministry of Chemicals & Fertilizers
Department of Pharmaceuticals

Jan Aushadhi VARTA



EDITION 38

19th September, 2025

Strengthening **India-Fiji** Healthcare Partnership

"A healthy nation is the foundation of prosperity"



On August 25, 2025, Hon'ble Prime Minister Shri Narendra Modi, in a press statement following bilateral talks with Fiji's Hon'ble Prime Minister, H.E. Mr. Sitiveni Rabuka, reaffirmed India's dedication to enhancing healthcare access in Fiji through the establishment of Jan Aushadhi Kendras. These centers will deliver affordable, high-quality medicines to every Fijian household. Prime Minister Modi stated, "A healthy nation is the foundation of prosperity. To support this vision, we are constructing a 100-bed super-speciality hospital in Suva and establishing Jan Aushadhi Kendras to ensure quality medicines are within everyone's reach." The leaders welcomed the signing of an agreement between India's HLL Lifecare Limited and Fiji's Ministry of Health and Medical Services for the supply of medicines under the Janaushadhi Scheme, marking a significant step toward accessible and equitable healthcare.



Total No.
of Kendras
16500+



Total Sales crossed
Rs. 857.98 Crore
FY 2025-26
(till 31.08.2025)



Estimated Savings Approx
of **3432 Crore** to
Citizens FY 2025-26
(till 31.08.2025)



Sales of
August 2025 is
200.03 Crore

HIGHLIGHTS

Hon'ble PM of Fiji, H.E. Mr. Sitiveni Rabuka's

Visited Jan Aushadhi Kendra at AIIMS, New Delhi

A new chapter in India-Fiji relations



On August 26, 2025, Hon'ble Prime Minister of Fiji, H.E. Mr. Sitiveni Rabuka, visited the Jan Aushadhi Kendra at AIIMS, New Delhi, marking a significant step in strengthening India-Fiji healthcare collaboration. The visit aimed to explore the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) and its potential adoption in Fiji to provide affordable, high-quality medicines.

Warmly welcomed by Ms. Gayatri Nair, Economic Adviser, Department of Pharmaceuticals, and Dr. M. Srinivas, Director of AIIMS, Delhi, the Fijian delegation included Hon'ble Minister for Health and Medical Services, H.E. Dr. Ratu Atonio Rabici Lalabalavu. The delegation engaged in productive discussions with officials from the Pharmaceuticals and Medical Devices Bureau of India (PMBI), gaining insights into the operational framework of the Jan Aushadhi scheme and its applicability in Fiji.

Prime Minister Rabuka lauded India's innovative approach to ensuring accessible healthcare and expressed keen interest in replicating the Jan Aushadhi model in Fiji, paving the way for enhanced bilateral cooperation in public health.

HIGHLIGHTS



Sri Lanka's Health Minister

explores

Jan Aushadhi Kendra at AIIMS

A New Chapter in Bilateral Healthcare Ties

On August 29, 2025, H.E. Dr. Nalinda Jayatissa, Sri Lanka's Minister of Health and Mass Media, led a distinguished delegation of Sri Lankan parliamentarians to the Jan Aushadhi Kendra at AIIMS, New Delhi, marking a pivotal moment in India-Sri Lanka healthcare collaboration. The delegation was warmly received by Dr. M. Srinivas, Director of AIIMS, and Shri Suvasis Das, CEO of the Pharmaceuticals and Medical Devices Bureau of India (PMBI).

The visit showcased the transformative Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP), an initiative ensuring affordable, high-quality medicines for millions. H.E. Dr. Jayatissa participated in a highly engaging session with PMBI officials, delving into the operational intricacies of the Jan Aushadhi scheme and its potential application in Sri Lanka.

Impressed by the initiative's reach and impact, the Minister praised India's commitment to accessible healthcare and expressed keen interest in replicating the model in Sri Lanka. This visit strengthens the foundation for enhanced cooperation, promising a brighter future for affordable healthcare in both nations.



HIGHLIGHTS

Visit of the **Hon'ble Cuban Ambassador**

to discuss **Janaushadhi Pariyojana** at **PMBI HQ, Delhi**



On 19th August, 2025, H.E. Mr. Juan Carlos Marsan Aguilera, Ambassador of the Republic of Cuba, visited the PMBI Head Office in New Delhi. He was graciously felicitated by the CEO, PMBI Ms. Ahlladini Panda, and engaged in a meaningful conversation about implementing the Jan Aushadhi initiative in Cuba to promote affordable healthcare for the Cuban population. The meeting highlighted India's commitment to global health cooperation, with both parties agreeing to strengthen bilateral ties for mutual benefits in pharmaceuticals and medical services. The meeting was also joined by senior officials from HLL Lifecare Ltd., to discuss the SoP's of export of Jan Aushadhi Medicines being logistics partner of PMBI.

HIGHLIGHTS

Deepening national connection through the

“Har Ghar Tiranga campaign”, Janaushadhi fosters unity and integrity on the occasion of **15th August 2025**



On the occasion of 79th Independence Day celebration, to deepen national connection and encourage citizens' participation, the Har Ghar Tiranga campaign was launched in 2022 to encourage people to hoist the national Flag or Tiranga at their office or home premises. PMBI, on the occasion of 'Azadi Ka Amrit Mahotsav' to mark India's 79th glorious years of Independence, celebrated the Har Ghar Tiranga campaign, whereby employees and Kendra owners actively participated by enthusiastically showing off their Tiranga, fostering the spirit of unity and integrity on 15th August. Their participation was posted across all social media handles of Janaushadhi across platforms.



HIGHLIGHTS



“Angdaan Jeevandaan”

Celebration of the

“15th Indian Organ Donation Day”

at Janaushadhi on **3rd August**



The "Angdaan–Jeevan Sanjeevani Abhiyan" saw overwhelming support from the employees of PMBI. Employees and Kendra owners of the organization participated in a meaningful pledge to donate their organs and tissues. The campaign's activities included an insightful awareness workshop at the Head Office, led by Dr. Dinesh Kumar Yadav, Associate Professor & Head of Paediatric Cardiology at Dr. Ram Manohar Lohia Hospital, New Delhi. His session effectively highlighted the life-saving impact of organ donation. In addition to the workshop, various creative activities, such as a slogan-writing competition and poster-making competition, were also held, engaging all employees of PMBI.



HIGHLIGHTS

Janaushadhi at **Arogya Utsav & Expo, 2025**



PMBJP participated in Arogya Utsav & Expo, a national-level conference on health, wellness, and Ayush products held from 24th August–26th August 2025, at the Bharat Mandapam, Pragati Maidan, New Delhi. The Janaushadhi stall highlighted accessible generic medicines and the Ayush range under its product basket, thus re-establishing the Pariyojana's commitment to reaching underserved communities. The event was inaugurated by Shri Indrasena Reddy Nallu, Hon'ble Governor of Tripura. He praised the scheme and appreciated the effort of Pariyojana.

IN THE NEWS

अमृत विचार

Aug 25, 2025

फिजी में सुपर स्पेशलिटी हॉस्पिटल और जन औषधि केन्द्र खोलेगा भारत, पीएम राबुका से चर्चा के बाद बोले PM मोदी



नई दिल्ली। प्रधानमंत्री नरेन्द्र मोदी ने भारत और फिजी के बीच संबंधों को परस्पर विश्वास और सम्मान पर आधारित बताते हुए कहा है कि भारत ने फिजी के स्वास्थ्य तंत्र को मजबूत बनाने के लिए उसकी राजधानी सुवा में 100 बेड का सुपर स्पेशलिटी अस्पताल बनाने, डायलिसिस यूनिट बनाने, एम्बुलेंस भेजने तथा जन औषधि केन्द्र खोलने की घोषणा की है जिससे कि वहां के लोगों को सस्ती दवा मिल सकें।

दोनों देशों ने रक्षा और सुरक्षा क्षेत्र में आपसी सहयोग को मजबूत बनाने के लिए एक कार्य योजना तैयार करने पर भी सहमति व्यक्त की है। उन्होंने कहा कि दोनों देश इस बात पर एकमत हैं कि आतंकवाद पूरी मानवता के लिए बहुत बड़ी चुनौती है। खेलों के क्षेत्र में भी सहयोग को बढ़ाते हुए अब भारतीय कोच फिजी क्रिकेट टीम को प्रशिक्षित करेंगे।

विज्ञान न्यूज़ सर्विस

Aug 04, 2025

जनऔषधियों की कीमतों में कटौती, सीएम साय ने जताया पीएम मोदी का आभार

रायपुर (वीएनएस)। मुख्यमंत्री साय ने केंद्र सरकार द्वारा 37 आवश्यक औषधियों के मूल्य में 10 से 15 प्रतिशत तक की कमी किए जाने के निर्णय का स्वागत करते हुए प्रधानमंत्री मोदी के प्रति आभार व्यक्त किया है। मुख्यमंत्री ने कहा कि स्वस्थ भारत ही विकसित भारत की आधारशिला है। प्रधानमंत्री श्री नरेन्द्र मोदी जी का यह निर्णय उनके दूरदर्शी और जनकल्याणकारी नेतृत्व की सशक्त अभिव्यक्ति है। यह निर्णय हृदय रोग, मधुमेह, संक्रमण, बुखार और दर्द जैसी आम लेकिन गंभीर बीमारियों से जूझ रहे नागरिकों को बड़ी राहत देगा। उन्होंने कहा कि इस मूल्य कटौती से पैरासिटामोल, एडोर्वास्टेडिन, एमोक्सिसिलिन जैसी जीवनरक्षक दवाएं अब और अधिक सुलभ और सस्ती हो सकेंगी। छत्तीसगढ़ जैसे आदिवासी और ग्रामीण बहुल राज्य में यह निर्णय गरीबों, श्रमिकों, किसानों, महिलाओं और वृद्धजनों के स्वास्थ्य हेतु अत्यंत लाभकारी सिद्ध होगा। मुख्यमंत्री साय ने यह भी उल्लेख किया कि छत्तीसगढ़ सरकार प्रधानमंत्री जन औषधि योजना के केंद्रों के विस्तार, आयुष्मान भारत योजना के प्रभावी क्रियान्वयन और प्राथमिक से लेकर उच्चस्तरीय स्वास्थ्य सेवाओं की सहज उपलब्धता सुनिश्चित करने के लिए निरंतर प्रयासरत है।

THE HINDU

Aug 25, 2025

CM orders setting up Jan Aushadhi stores in every mandal

Chief Minister N. Chandrababu Naidu has directed the Health, Medical & Family Welfare Department to establish Jan Aushadhi stores in every mandal, ensuring affordable generic medicines are available to the public and easing the financial burden on the poor. He also emphasised promoting naturopathy and exploring the possibility of extending up to ₹25 lakh in health insurance coverage under the NTR Vaidya Seva scheme to an additional two million families. Currently, 1.43 crore families benefit from the scheme. Addressing a review meeting at the Secretariat on Monday, the CM called for the establishment of a 100-bed hospital in every Assembly constituency, aiming to increase the State's total bed strength from the current 2.24 beds per 1,000 population to three, in line with World Health Organization recommendations.

Hans India

Aug 11, 2025

Kishan urges CM to implement Ayushman Bharat Scheme in TG



Hyderabad: Union Minister G Kishan Reddy said that lifestyle changes are causing people to fall ill, forcing 95 out of 100 persons have to visit a doctor. Addressing the media after launching the Telangana's Marketing and Distribution Warehouse of Pradhan Mantri Bharatiya Jan Aushadi Pariyojana (PMBJP) along with the State Governor Jishnu Dev Verma on Sunday, he said, "Retirees have to spend their entire pension on medical expenses. Even poor and middle class people, if they fall ill, have to spend their entire life's earnings on medical treatment. That is why Prime Minister Narendra Modi is taking many initiatives for the health of the poor and middle class people. He has brought the Ayushman Bharat scheme, which provides free insurance of Rs. 5 lakh per year to every person, and has successfully provided the facility of treatment in any hospital. We are providing free treatment to senior citizens above 70 years of age through the Ayushman Bharat Scheme.

IN THE NEWS

PHARMABIZ.com

Aug 18, 2025

Sales of Jan Aushadhi Kendras grow 37.4 per cent in FY25



The Jan Aushadhi Kendras (JAKs), the low cost generic medicine stores under the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) scheme of the Department of Pharmaceuticals (DoP), has registered a 37.44 per cent growth in the fiscal year 2024-25, as compared to the previous fiscal year.

The JAKs have registered sales at Maximum Retail Price (MRP) value of Rs. 2,022.47 crore during FY25, as compared to Rs. 1,471.50 crore during the same period of previous year. The sales during FY24 was up 19 per cent from Rs. 1,236.64 crore during FY23, according to data from the ministry of chemicals and fertilisers.

Across the country, total sales of Rs. 4,730.61 crore MRP value have been made under PMBJP during the last three financial years, it added.

The budget utilised for the scheme during FY25 witnessed a significant growth of 66.11 per cent at Rs. 182.73 crore, as compared to Rs. 110 crore utilised in FY24. The budget utilisation of FY24 was a 10% growth compared to Rs. 100 crore utilisation reported in FY23.

प्रभात खबर

Aug 07, 2025

15 पैक्सों में जनऔषधि केंद्र शुरू, हर माह 18 लाख का हो रहा लेन-देन

बिहार में अब तक 15 पैक्सों में ही जनऔषधि केंद्र खुल सके हैं। इन केंद्रों से 18 लाख 2 हजार 615 रुपये का लेन-देन प्रतिमाह शुरू हो गया है - 366 पैक्सों से जनऔषधि केंद्र खोलने को आवेदन आये, 25 को ही अब तक इग लाइसेंस - 280 को मिली प्रारंभिक स्वीकृति, 19 पैक्सों को स्टोर कोड जारी किया गया संवाददाता, पटना बिहार में अब तक 15 पैक्सों में ही जनऔषधि केंद्र खुल सके हैं। इन केंद्रों से 18 लाख 2 हजार 615 रुपये का लेन-देन प्रतिमाह शुरू हो गया है। कुल आये आवेदनों में लगभग पांच फीसदी ही जनऔषधि केंद्र अभी तक खोले जा सके हैं। राज्यभर के सभी पैक्सों से 366 आवेदन जनऔषधि केंद्र खोलने के लिए आये हैं। इनमें 280 को प्रारंभिक स्वीकृति मिली है। 25 को इग लाइसेंस और 19 को स्टोर कोड जारी किये गये हैं। सहकारिता विभाग की ओर से इसकी समीक्षा की गयी है।

हिन्दुस्तान

Aug 08, 2025

2.50 लाख से शुरू हुआ औषधि केंद्र में नौ लाख का कारोबार

साहिबगंज। सदर अस्पताल में संचालित जन औषधि केन्द्र पूरे राज्य में एक मात्र अनोखा जन औषधि केन्द्र साबित हो रहा है। यहां निर्धन मरीजों को कम कीमत पर जरूरत की दवाएं उपलब्ध हो रही हैं। 2012 में तत्कालीन सीएस डॉ. बी मरांडी के कार्यकाल में तत्कालीन स्वास्थ्य मंत्री हेमलाल मुर्मू ने पूरे राज्य में कम कीमत पर मरीजों को आवश्यक दवाएं उपलब्ध कराने के लिए यहीं से जन औषधि केन्द्र का शुभारंभ किया था। पूरे राज्य में आज भी यहां के जन औषधि केन्द्र मरीजों को कम कीमत पर संचालन रूप से दवा उपलब्ध करा रही है। जन औषधि केन्द्र का पहला ग्राहक मंत्री बने जन औषधि केन्द्र का उद्घाटन के साथ ही पहला ग्राहक तत्कालीन स्वास्थ्य मंत्री हेमलाल मुर्मू बने थे। मंत्री ने अपने बीपी की दवा यहीं से महज 10 रुपए में खरीदी थे। जबकि मंत्री जो दवा का सेवन करते थे, उसकी कीमत 90 रुपए था। 2.50 लाख से शुरू हुआ कारोबार जन औषधि केन्द्र का कारोबार 2012 में महज 2.50 लाख रुपए से शुरू हुआ था। कम मुनाफे पर रांची से दवा मंगवाना कम देढ़ी खीर नहीं था। लेकिन तत्कालीन सीएस डॉ. बी मरांडी ने अपने सुझाव से प्राइवेट रिजर्व वाहन के बदले बस व निजी वाहन से दवा मंगवाना शुरू कर दिया था। इससे दवा पर खर्च कम पड़ता था। आज जन औषधि केन्द्र का सलाहना आय - व्यय आठ लाख रुपए हो गया है। यहां करीब 80 से 90 किस्म की दवा उपलब्ध है। डॉ. मरांडी ने देख खुशी जाहिर किया दुमका के एनसीडी प्रभारी सह तत्कालीन सीएस डॉ. बी मरांडी शुरूआत को यहां एक कालेज की जांच में आने के दौरान सदर अस्पताल व जन औषधि केन्द्र का भ्रमण किया। डॉ. मरांडी ने कहा कि उन्होंने अपने कार्यकाल में दौरान जो चीजें छोड़ कर गए थे, आज वह वद वृक्ष के समान खड़ा है। उन्होंने जन औषधि केन्द्र को देख खुशी जाहिर किया है।

हिन्दुस्तान

Aug 21, 2025

जिले उत्कृष्ट 47 पैक्सों में खुलेंगे पीएम भारतीय जन औषधि केंद्र

बांका, निज प्रतिनिधि। बिहार सरकार सहकारिता और कृषि क्षेत्र को सशक्त बनाने के लिए बड़े पैमाने पर कई योजनाओं की शुरुआत की जा रही है। इसी कड़ी में सूबे के 2000 पैक्सों में प्रधानमंत्री भारतीय जन औषधि केंद्र खोले जाने की योजना है। इसके लिए सभी जिलों को 25 फीसदी उत्कृष्ट पैक्सों में प्रधानमंत्री जन औषधि केंद्र खोले जाने का लक्ष्य दिया गया है। बांका जिले में 189 पैक्स संचालित हैं। इसमें यहां उत्कृष्ट 47 पैक्सों में प्रधानमंत्री भारतीय जन औषधि केंद्र खोले जाएंगे। अब तक यहां चार पैक्सों का निर्बंधन जन औषधि केंद्र के लिए किया गया है। जबकि 20 पैक्सों के आवेदन पुराने पोर्टल पर किए जाने की वजह से अब नये सिरे से इन पैक्सों का आवेदन नये पोर्टल पर किया जाएगा। प्रधानमंत्री भारतीय जन औषधि केंद्र के लिए सूबे में सबसे अधिक 22 आवेदन करने वाला जिला बांका है। जबकि 16 आवेदन करने वाला सुपौल जिला दूसरे स्थान पर है। पैक्सों में खोले जाने वाले प्रधानमंत्री भारतीय जन औषधि केंद्र पर लोगों को सस्ती और गुणवत्तापूर्ण दवाइयां मिलेंगी। जिससे दवाई के लिए ग्रामीणों को शहर व बाजार जाने की जरूरत नहीं होगी। इससे सहकारी समितियों की आमदनी भी बढ़ेगी। वहीं, जन औषधि केंद्र खुलने से बी फार्मा और डी फार्मा की डिग्री हासिल करने वाले फार्मासिस्ट को रोजगार भी मिलेगा। सहकारिता विभाग की इस योजना से ग्रामीण क्षेत्रों में स्वास्थ्य सेवाएं सुलभ व सस्ती होंगी।



SOCIAL MEDIA HIGHLIGHTS

(PMBJP Retweeted)

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PMO India  @PMOIndia

[Translate post](#)

हम मानते हैं कि एक स्वस्थ राष्ट्र ही समृद्ध राष्ट्र हो सकता है।

इसलिए हमने तय किया कि 'सुवा' में 100- bed सुपर स्पेशलिटी अस्पताल बनाया जायेगा।

डायलिसिस यूनिट्स और sea ambulances भेजी जाएँगी।

और, जन औषधि केंद्र खोले जायेंगे, जिससे सस्ती और उत्तम quality की दवा हर घर तक पहुंचेगी: PM [@narendramodi](#)

12:52 PM · Aug 25, 2025 · 65.1K Views

122 246 890 9

← Post

Governor of Telangana  @tg_governor

The Hon'ble Governor of Telangana, Shri Jishnu Dev Varma, attended as the Chief Guest at the inauguration of Pradhan Mantri Bharatiya Janaushadhi Kendras (PMBJK), organised by Lorven Pharma & Surgicals, on 10th August 2025 at Lorven Pharma & Surgicals, Uppal, Hyderabad.



3:53 PM · Aug 10, 2025 · 368 Views

1 4

← Post

Ministry of Health  @MoHFW_INDIA

[#ReduceOOP](#) | Less burden, more care!

From ₹5 lakh cashless health cover to affordable medicines and free diagnostics, these initiatives are easing the [#out-of-pocket](#) expenditure on healthcare for millions.

Swipe to see how schemes like Ayushman Bharat PM-JAY, Jan Aushadhi, Ayushman Arogya Mandirs, Nikshay Poshan Yojana, and the Vay Vandana Card are transforming access to healthcare.

[#HealthForAll](#)
[#GovernmentInitiatives](#)



12:17 AM · Aug 16, 2025 · 44.9K Views

3 23 62 19

← Post

Department of Pharmaceuticals  @Pharmadept

[Translate post](#)

जन औषधि केंद्र — हर नागरिक को सस्ती, सुलभ और भरोसेमंद स्वास्थ्य सेवा देने की दिशा में सरकार की एक सशक्त पहल।

[#AffordableMedicines](#) [#PMBJP](#) [#SwasthBharat](#)

[Ministry of Health](#)  @MoHFW_INDIA · Aug 16

[#JanAushadhi](#) | बीमारी का इलाज अब जेब पर बोझ नहीं बनेगा। प्रधानमंत्री भारतीय जन औषधि परियोजना के तहत जन औषधि केंद्रों पर मिल रही हैं वही असरदार और गुणवत्तापूर्ण जेनेरिक दवाएँ — 50% से 90% तक कम कीमतों पर।

✓ असरदार दवाएँ...

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1:01 PM · Aug 16, 2025 · 556 Views

4 7

PMBJK

Inauguration Insights



Shri Alok Sharma

Hon'ble Member of Parliament, Bhopal,
Madhya Pradesh, Gol inaugurated PMBJK

📍 **Narela Jod, Ayodhya Bypass road,
Bhopal (Madhya Pradesh)**

Shri Vijay Kumar Dubey

Hon'ble Member of Parliament,
Kushi Nagar, Uttar Pradesh, Gol
inaugurated PMBJK

📍 **Singha, Kushi Nagar (Uttar Pradesh)**



Shri Janardan Singh Sigrwal

Hon'ble Member of Parliament, Maharajganj,
Bihar, Gol inaugurated PMBJK

📍 **Lakhanaura Road, Madarpur,
Maharajganj (Bihar)**

Shri Ashok Kumar Rawat

Hon'ble Member of Parliament, Misrikh,
Uttar Pradesh, Gol inaugurated PMBJK

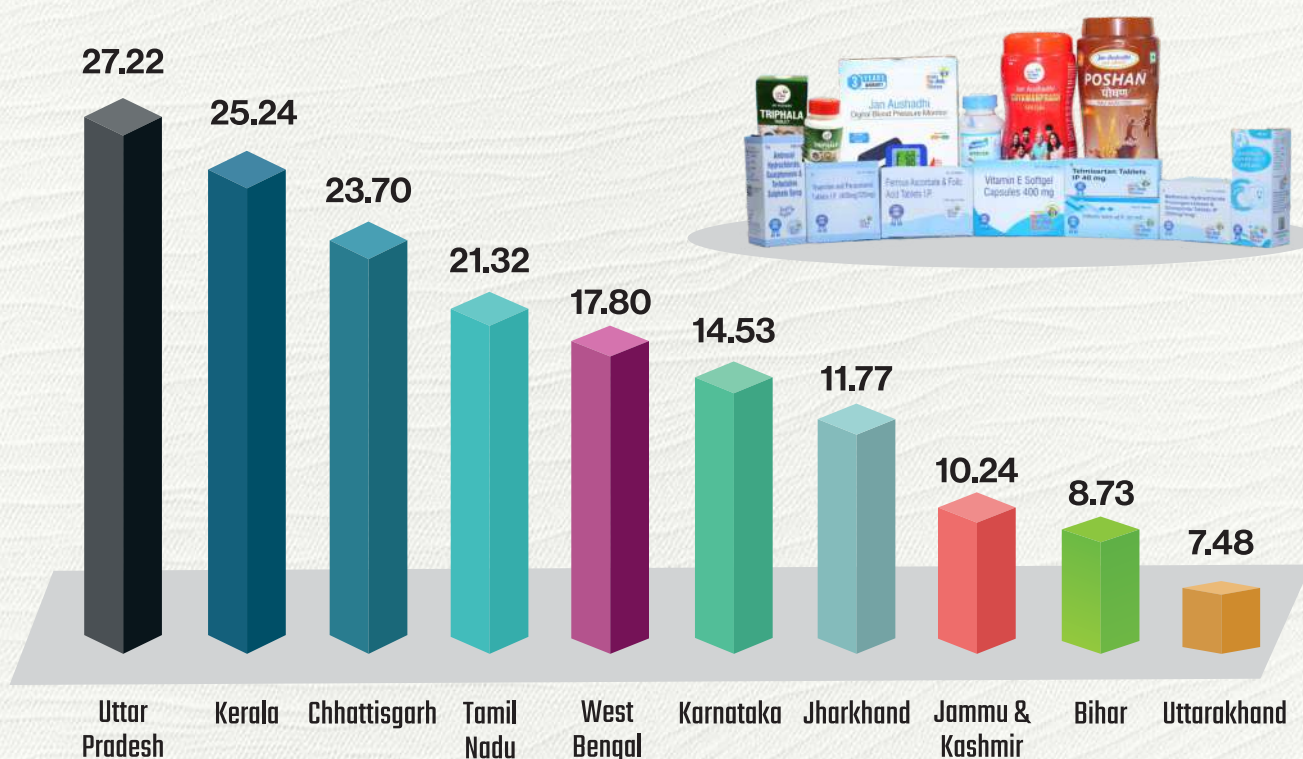
📍 **Community Health Center, Misrikh,
Sitapur (Uttar Pradesh)**



Best Performing States

in terms of

Sales in Rs. Crores **AUGUST 2025**



Welcoming new Partners who joined PMBL family in the month of August 2025

PMBJK19519 - Nikhil Barman - Irongmara, P/O. Irongmara, P/S Dwarbond, Barjalenga, Cachar, Assam-788011

PMBJK19516 - Vimlesh Kumar - Main Road, Gorari Bazar, Karakat, Rohtas, Bihar-802214

PMBJK19526 - Ishwari Prasad Verma- IIT, Bhilai, Kutela Bhatta, Durg, Chhattisgarh-491002

PMBJK19507 - Nihip Bharatbhai Asodariya- 15, Dev Srushti, Nr. New India Colony Road, Nava Nikol, Ahmedabad City, Gujarat-382350

PMBJK19550 - Meenu- Majra Pana, Village post office- Baliana, Rohtak, Haryana-124401

PMBJK19641 - Arik Nabi Shah- Magam Near HP Gas Agency Magam, Beerwah, Jammu & Kashmir-193401

PMBJK19604 - Kavita Malviya- 24 B.N.Jha Path, Pokhna tilha, Near Hindi Vidyapith, PO & PS- Deoghar, Jharkhand-814112

PMBJK19543 - Poojitha V- Khata no. 176, Shop no.2, Near gram Panchayati Purigali, Malavalli, Mandya, Karnataka-541421

PMBJK19476 - Srilakshmi- 9/73 Saranya Complex, Ground Floor, Opp Canara Bank, PO Mulamkunnathukavu, Thrissur, Kerala-680581

PMBJK19455 - Jamil Ahmed- B/24/1/1/H/6, Bright Street, Ward No.-64, Ground Floor, Circus Avenue, Karaya, Kolkata, West Bengal-700017

PMBJK19619 - Shweta Sandesh Kadam-Shop No. 03, Ground Floor, H.No. 1445/1, CIDCO Colony, Boisar West, MIDC Tarapur Boisar, Palghar, Maharashtra-401501

PMBJK19464 - Moirangthem Priyadarshini Devi- Awang Sekmai, Sekmai Imphal, Haorangsabal, Imphal West, Manipur-795136

PMBJK19548 - Tania Khanna- Shop No.1, Kamla Avenue, Main Fatehgarh Churian Road, Tal: Amritsar Zone-5, Verka, Punjab-143001

PMBJK19472 - Manju Gupta- Jahangir Gate Ke Pass, Bayana, Bharatpur, Rajasthan-321401

PMBJK19497 - Riksal Dorjee Bhutia- Rabongla Bazar, Namchi, Ravangla, Sikkim-737139

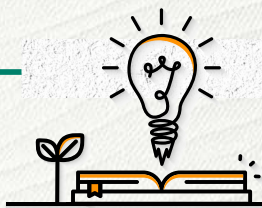
PMBJK19608 - Gunnala Manasa-D.No.10-155, Ground Floor, Angadibazar, Utnoor (V), Utnoor (M), Utnoor, Adilabad, Telangana-504311

PMBJK19465 - Md Nurul Amin Khadim- District Hospital, Unakoti, Kailashahar, Gournagar, Tripura-799279

PMBJK19482 - Ziya- Khasra No 7, At Village Bajot, Meerut, Uttar Pradesh-250002

PMBJK19457 - Suchi- Nayara Petrol Pump Near Graphic Era Hospital Chakrata Road Dhoolkot, Vikasnagar, Dehradun, Uttarakhand-248001

PMBJK19537 - Varsha Tripathi- Platform No. 1, Ujjain Railway Station, Near Reservat, Ujjain, Madhya Pradesh-456001



Skin Infections

Types, Causes, Symptoms & Prevention

A skin infection is a condition in which harmful microorganisms such as bacteria, viruses, fungi, or parasites invade the skin and cause inflammation, irritation, or damage. These infections can affect any part of the body and may range from mild redness and itching to severe pain, swelling, or pus formation. Some skin infections are contagious and can spread through direct contact or contaminated surfaces.

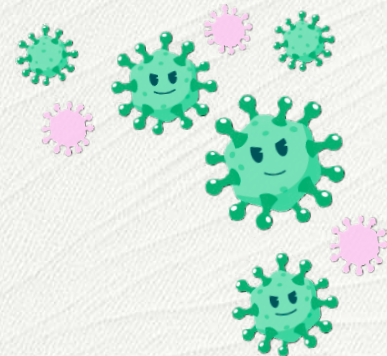
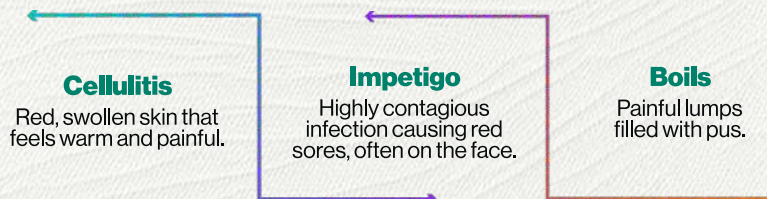
Types of Skin Infections

Skin infections are generally classified into four major categories based on their cause:

1. Bacterial Infections:

Bacterial skin infections are often caused by *Staphylococcus aureus* or *Streptococcus* bacteria. These germs can enter the body through even the tiniest breaks in the skin. Poor hygiene, skin trauma, or constant friction—such as from tight clothing or shaving—can increase the risk. In some cases, antibiotic resistance (such as MRSA) makes bacterial infections harder to treat.

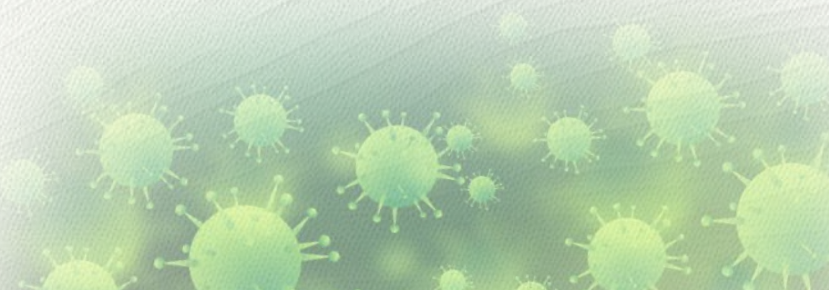
Common conditions



2. Viral Infections:

Viruses like herpes simplex, human papillomavirus (HPV), and molluscum contagiosum can infect the skin, often spreading through direct contact with an infected person or surface. These infections are more likely to occur when the immune system is weakened, or when the skin is already irritated or inflamed.

Common conditions



3. Fungal Infections:

Fungi thrive in warm, moist environments, making areas like the feet, groin, and underarms more prone to infection. Common causes include dermatophytes (which cause athlete's foot and ringworm) and Candida (which causes yeast infections). Wearing sweaty clothes for long periods, sharing towels, or walking barefoot in public showers can increase the risk.

Common conditions

Ringworm (Tinea)

Red, circular rash with clearer skin in the middle.

Athlete's foot

Itching, stinging between toes.

Candidiasis

Affects moist areas like underarms, groin, or under breasts.



4. Parasitic Infections:

Though less common, parasitic infections like scabies or cutaneous larva migrans are caused by mites or larvae that burrow into the skin. These infections typically spread through close physical contact, poor sanitation, or contaminated surfaces.

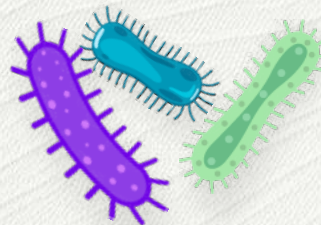
Common conditions

Scabies

Intense itching due to mites burrowing into the skin.

Cutaneous larva migrans

Caused by hookworm larvae, resulting in snake-like tracks under the skin.



Common Causes of Skin Infections

Understanding what causes skin infections is key to avoiding them. Most skin infections occur when the protective barrier of the skin is broken, allowing germs (bacteria, viruses, fungi, or parasites) to enter. Here are the most common causes:

1. **Poor Hygiene** - Not bathing regularly or not washing hands can lead to the accumulation of dirt, sweat, and bacteria on the skin, making it easier for infections to develop.
2. **Hot and Humid Climate** - In tropical countries like India, heat and humidity create a perfect environment for fungi and bacteria to grow, especially in skin folds and sweaty areas.
3. **Excessive Sweating** - Sweating keeps the skin moist, especially in areas like the underarms, groin, and between toes. This constant moisture weakens the skin barrier and allows microbes to thrive.
4. **Skin Injuries** - Even small cuts, insect bites, burns, or scratches can become entry points for infection if not cleaned and treated properly.
5. **Sharing Personal Items** - Using towels, razors, combs, clothing, or footwear of someone who has a skin infection can easily spread the infection.
6. **Weak Immune System** - People with weakened immunity (due to diabetes, HIV, cancer treatment, or old age) are more prone to infections as their body cannot fight off invading germs effectively.
7. **Tight or Non-Breathable Clothing** - Wearing tight, synthetic clothes for long hours increases sweating and friction, irritating the skin and making it more vulnerable to infection.

Prevention Tips for Skin Infections

Preventing skin infections involves adopting simple daily habits to keep your skin clean, dry, and healthy. Here's how you can protect yourself and your family:

1. Maintain Good Personal Hygiene:

- Take a bath or shower daily using soap and clean water.
- Wash hands regularly, especially after using the toilet, before eating, or after coming from outside.* Clean and trim your nails to avoid harboring dirt and germs.

2. Keep Your Skin Dry:

- Always dry your skin thoroughly after bathing, especially between fingers, toes, and skin folds.
- Use antifungal powders (especially in summers) in sweaty areas like underarms, groin, and feet.

3. Avoid Sharing Personal Belongings:

- Do not share towels, razors, clothes, shoes, or bedding.
- If someone in the family has a skin infection, wash their clothes and linen separately.

4. Wear Comfortable, Breathable Clothing:

- Choose loose-fitting clothes made of cotton or breathable fabric.
- Avoid wearing tight or damp clothes for long periods.

5. Protect Your Skin from Injuries:

- Use insect repellents or mosquito nets to avoid insect bites.
- Clean any cuts, scratches, or wounds with antiseptic and cover them with a clean bandage.

6. Strengthen Immunity:

- Eat a balanced diet rich in vitamins and minerals to boost skin and immune health.
- Stay hydrated by drinking plenty of clean water.
- Get enough sleep and manage stress, which affects the body's ability to heal and fight infections.

7. Be Aware in Public Spaces:

- Wear slippers in public bathrooms, gyms, or swimming pools to avoid fungal infections like athlete's foot.*
- Do not sit on dirty or damp surfaces.

Source: <https://www.healthline.com/health/skin-infection#prevention2>.
<https://www.maxhealthcare.in/blogs/skin-infections-symptoms-and-causes3>.
<https://www.ncbi.nlm.nih.gov/books/NBK8301/4>.
<https://www.aafp.org/pubs/afp/issues/2002/0701/p119.html5>.
<https://pmc.ncbi.nlm.nih.gov/articles/PMC10496455/>



KHELO BHI PADHO BHI

Fill in the puzzle below based on what you have read about **Skin Infection** on the previous page.

Fill in the Blanks

_____ is a bacterial skin infection that causes red sores, usually around the nose and mouth.

A) Ringworm

B) Impetigo

C) Scabies

D) Warts

Multiple Choice Question

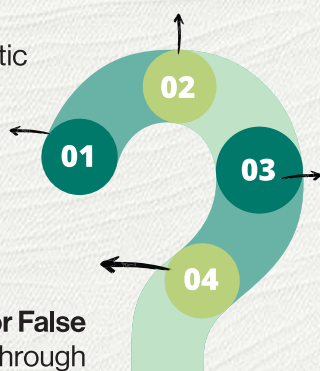
Which of the following is a parasitic skin infection?

- A) Athlete's Foot
- B) Herpes
- C) Scabies
- D) Boils

True or False

Skin infections can spread through sharing clothes and towels.

True False



True or False

Fungal infections are more common in dry and cold climates.

True False

5.Fill in the blank

To prevent fungal infections, one should keep the skin _____ and dry.

- A) Warm
- B) Wet
- C) Clean
- D) Oily